

KAIMUKI MIDDLE SCHOOL MENU

Brk: Breakfast
A/B: Alternate Breakfast
Off: Offered Breakfast Items
A/L: Alternate Lunch
L: Lunch

All Meals Include 1/2 Pint Milk

November 2018

Menu Subject to Change

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
Brk		Brk		Brk		Brk	Breakfast Smoothie w/Cinn. Toast	Brk	Turkey Ham & Cheese on Bun w/Pineapple Chunks					
A/B		A/B		A/B		A/B	Cereal w/Cinn. Tst. & Peaches	A/B	Yogurt w/Toast & Pine Chunks					
Off		Off		Off		Off	Apple	Off	Craisins, Jelly					
A/L		A/L		A/L		A/L	Tuna Sandwich w/Cheese	A/L	BBQ Pork Rib Sandwich					
L-		L-		L-		L-	Pepperoni Pizza, Cole Slaw, Baby Carrots, Broccoli, Peaches	L-	Chili & Cheese w/Potato Wedges, Rainbow Salad, Honeydew Melon, WG Roll					
Brk	Pizza Bagel with Mixed Fruits	5	Brk		6	Brk	Portuguese Sausage, Rice & Grape Juice	7	Brk	Applesauce Muffin with Orange Juice	8	Brk	Frittata with Cinnamon Toast & Apple Juice	9
A/B	Cereal with Toast & Mixed Fruits		A/B		A/B	Cereal with Toast & Grape Juice	A/B	Cereal with Toast & Grape Juice	A/B	Yogurt with Toast & Orange Juice	A/B	Cereal w/Cin. Toast & Apple Juice	A/B	Cereal w/Cin. Toast & Apple Juice
Off	Craisins, Jelly		Off		Off	Peaches, Jelly	Off	Peaches, Jelly	Off	Pineapple Chunks, Jelly	Off	Pineapple Chunks	Off	Pineapple Chunks
A/L	Chili Franks, Rice		A/L		A/L	Chicken Tenders, Rice	A/L	Chicken Tenders, Rice	A/L	Corn Dog, Potato Smiles	A/L	Fish Filet Sandwich, Tater Tots	A/L	Fish Filet Sandwich, Tater Tots
L-	Chicken Patty on Bun, Curly Fries Lettuce Leaf, Tomato Slice, Orange Wedges		L-		L-	Teri Cheese Burger, Lettuce Leaf, Tomato Slice, Baked Beans, Orange Juice	L-	Teri Cheese Burger, Lettuce Leaf, Tomato Slice, Baked Beans, Orange Juice	L-	Spaghetti with Meat Sauce, Corn, Carrots, & Edamame, Apple, French Bread Slice	L-	Kalua Pork w/Cabbage, Rice, Lomi Tomato Salad, Pineapple Chunks	L-	Kalua Pork w/Cabbage, Rice, Lomi Tomato Salad, Pineapple Chunks
Brk		12	Brk	Maple Wrap with Peaches	13	Brk	Breakfast Chicken Patty w/Rice & Apple Juice	14	Brk	School Made Cinnamon Roll w/ Orange Wedges	15	Brk	Portuguese Sausage w/ Rice & Grape Juice	16
A/B			A/B	Yogurt w/Toast & Peaches		A/B	Cereal w/Toast & Apple Juice		A/B	Yogurt w/ Toast & Orange Wedges		A/B	Cereal w/ Cinn. Tst. & Grape Juice	
Off			Off	Craisins, Jelly		Off	Mixed Fruits, Jelly		Off	Pineapple Chunks, Jelly		Off	Strawberries	
A/L			A/L	Chicken Nuggets, Rice		A/L	Corn Dog, Smiles		A/L	Chicken Tender, Rice		A/L	Tuna Sandwich, Potato Wedges	
L-			L-	BBQ Pork Rib Patty on Bun, Potato Wedges, House Salad, Baby Carrots, Fruit Slushy		L-	Cheese Pizza, House Salad with Edamame, Mixed Fruits		L-	Chili Cheese w/ Tater Tots & Biscuit, Veggie Sticks, Broccoli, Apple, Shortbread Cookie		L-	Oven Baked Chicken, Gravy, Whipped Potatoes, Corn, Carrots, & Edamame, Orange Wedges	
Brk	Pizza Stix with Grape Juice	19	Brk	Breakfast Sliders w/Orange Juice	20	Brk	Pancakes w/ Apple Juice	21	Brk		22	Brk		23
A/B	Yogurt w/Toast & Grape Juice		A/B	Cereal w/Toast & Orange Juice		A/B	Yogurt w/ Cinn Tst & Apple Juice		A/B			A/B	No School	
Off	Orange Wedges, Jelly		Off	Peaches, Jelly		Off	Apple, Pancake Syrup		Off			Off	Thanksgiving Break	
A/L	Fish Filet Sandwich, Tater Tots		A/L	Chili Franks, Rice		A/L	Corn Dog, Smiles		A/L			A/L		
L-	Popcorn Chicken, Gravy, Rice, Rainbow Salad, Baked Beans, Fruit Slushy		L-	Breaded Chicken Nuggets, Potato Wedges, Rainbow Salad, Honeydew Melon, WG Roll		L-	Roast Turkey w/Stuffing, Gravy, Whipped Potatoes, Broccoli & Carrots, Sweet Potato Pie		L-			L-		
Brk	Cinnamon Bagel w/ Apple Juice Peaches	26	Brk	Biscuit & Gravy w/Pork Patty & Peaches	27	Brk	Belgian Waffle w/Apple Juice	28	Brk	Breakfast Burrito w/Apple Juice	29	Brk	Pancakes w/ Grape Juice	30
A/B	Cereal w/Toast & Apple Juice		A/B	Yogurt w/ Cinn Tst & Peaches		A/B	Cereal w/Toast & Apple Juice		A/B	Yogurt w/Toast & Apple Juice		A/B	Cereal w/Toast & Grape Juice	
Off	Mixed Fruits, Jelly		Off	Craisins		Off	Mixed Fruits, Jelly		Off	Pineapple Chunks, Jelly		Off	Strawberries, Syrup, Jelly	
A/L	Chicken Patty w/Gravy, Rice		A/L	Chili Franks, Rice		A/L	Chicken Tenders, Rice		A/L	Corn Dog, Smiles		A/L	Fish Filet Sandwich, Tater Tots	
L-	Corn Dog, Baked Beans, House Salad, Baby Carrots, Orange Juice		L-	Turkey Pastrami Sandwich, House Salad, Baby Carrots, Mixed Fruits		L-	Baja Fish Taco, Asian Cole Slaw, Corn, Carrots, & Edamame, Apple, Applesauce Muffin		L-	Tuna Dip and Chips, Curly Fries, Lettuce Leaf, Tomato Slice, Cantaloupe		L-	Herd Roasted Pork, Gravy, Rice, Corn, Carrots, & Edamame, Vegetable Juice, Pine Chunks	

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