

August 7, 2017

Dear Parent/Guardian,

Kaimuki Middle School's Extramural Program benefits many students every year. The Extramural Program offers:

cross-country (August – October)
volleyball (September – November)
strength and conditioning (September – November)
basketball (December – March)
soccer (March – May)
golf (August-May)

Students have the opportunity to participate in all sports, or the sport(s) of their choice. We welcome all students. Advanced athletic ability is not a requirement. However, student participation is dependent upon availability of coaches, practice space and leagues.

To participate, students must meet the following criteria:

- 1) **Extramural Parent Permission Form due before sport begins.**
- 2) **A clearance note from a physician, each school year, clearing your child to participate in strenuous sport activities also due before sport begins.**
- 3) **Medical Insurance.**
- 4) **2.0 GPA (Grade Point Average) with no "F" grades.**
- 5) **Weekly grade check that shows the student is passing all classes.**
- 6) **Attitude and behavior at a satisfactory level (teachers' approval).**
- 7) **No suspensions and 3 or less demerits at any given time.**

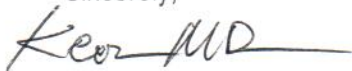
These qualifications are strictly monitored. Students are responsible for completing and returning grade checks signed by their teachers to their respective coaches. If your child chooses to participate, he/she needs to be prepared to meet these qualifications.

The Extramural Program serves as a structured after school program keeping students away from many negative temptations. Practices are held after school. Attending practices is very important. Games and meets will be usually held on Saturdays and after school at various locations.

If your child is interested in participating in the extramural program, please complete the permission form on the back of this letter and make sure they have a doctor's clearance note on file before their sport begins.

Please have your child pay attention to the morning message & check the school website for meetings & tryout dates. If you have any questions or concerns, please feel free to contact me at keoni_dunn@kaimukims.k12.hi.us

Sincerely,



Keoni Dunn
Kaimuki Middle School
Extramural Coordinator

Approved by:



Frank Fernandes
Principal