


KAIMUKI MIDDLE SCHOOL MENU

Brk: Breakfast
A/B: Alternate Breakfast
Off: Offered Breakfast Items
L: Lunch

All Meals Include 1/2 Pint Milk

December 2018

Menu Subject to Change

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Brk Maple Wrap w/Peaches 3 A/B Cereal w/Butt. Tst. & Peaches Off Craisins, Syrup, Jelly L- Chicken Tenders, Rice, House Salad w/Edamame, Mixed Fruits	Brk Breakfast Chicken Patty w/Rice & Apple Juice 4 A/B Yogurt w/ Butt. Tst. & Apple Juice Off Mixed Fruits, Jelly, Catsup L- Sloppy Joe, Tater Tots, Veggie Sticks, Broccoli, Apple, Cookie	Brk Papaya Bread w/Orange Juice 5 A/B Cereal w/ Cinn. Tst. & Orange Juice Off Pineapple Chunks L- Tuna Sandwich, Wedge Cut Fries, Lettuce Leaf, Tomato Slice, Asian Cole Slaw, Fruit Slushy	Brk Portuguese Sausage w/Rice & Grape Juice 6 A/B Yogurt w/ Butt. Tst. & Grape Juice Off Strawberries, Jelly L- Chili Franks, Rice, Corn, Carrots, & Edamame, Pineapple Chunks	Brk Ham & Cheese Quesadilla w/ Pineapple Chunks 7 A/B Cereal w/ Butt. Tst. & Pineapple Chunks Off Orange Wedges, Taco Sauce, Jelly L- Hot Turkey Sandwich, Whipped Potatoes, Gravy, Corn and Edamame, Orange, WG Roll					
Brk Pepperoni Pizza Stix w/ Grape Juice 10 A/B Yogurt w/Butt. Tst. & Grape Juice Off Orange Wedges, Jelly L- Breaded Fish Wedge, Rice, Baked Beans, Rainbow Salad, Fruit Slushy	Brk Frankfurter w/Rice & Orange Juice 11 A/B Cereal w/Butt. Tst. & Orange Juice Off Peaches, Jelly, Catsup L- Cheese Burger, Potato Wedges, Lettuce Leaf, Tomato Slice, Celery Sticks, Mixed Fruits	Brk Pineapple Coffee Cake w/Apple Juice 12 A/B Yogurt w/ Cinn. Tst. & Apple Juice Off Mixed Fruits L- Chicken Tenders, Rice, Asian Cole Slaw, Broccoli & Carrots, Orange Wedges	Brk Breakfast Smoothie w/Cinn. Toast 13 A/B Cereal w/ Cinn. Tst. & Mixed Fruits Off Apple L- Chili & Cheese Nachos, House Salad, Tomato Slice, Grape Juice	Brk Turkey Ham & Cheese on Bun w/Pineapple Chunks 14 A/B Yogurt w/Butt. Tst. & Pine Chunks Off Craisins, Jelly L- Chinese Roasted Chicken, Rice, Shred. Cabbage, Corn, Carrots & Edamame, Peaches					
Brk Pizza Bagel w/ Mixed Fruits 17 A/B Cereal w/ Butt. Tst. & Mixed Fruits Off Craisins, Jelly L- Popcorn Chicken, Gravy, Whipped Potatoes, Corn, Carrots, Edamame, Apple, Peach Muffin	Brk Portuguese Sausage w/Rice & Grape Juice 18 A/B Yogurt w/Butt. Tst. & Grape Juice Off Strawberries, Jelly, Catsup L- Pasta Florentine, House Salad, Baby Carrots, Mixed Fruits, French Bread Slice	Brk Applesauce Muffin w/Orange Juice 19 A/B Cereal w/Butt. Tst. & Orange Juice Off Pineapple Chunks, Jelly L- Chicken Patty on Bun, Curly Fries, Lettuce Leaf, Tomato Slice, Cantaloupe	Brk Frittata w/Cinn. Tst. & Apple Juice 20 A/B Yogurt w/Cinn. Tst. & Apple Juice Off Pineapple Chunks, Catsup L- Cheese Pizza, Baked Beans, House Salad, Baby Carrots, Orange Juice	Brk Pancakes w/Grape Juice 21 A/B Cereal w/Butt. Tst. & Grape Juice Off Orange Wedges, Jelly, Syrup L- Kalua Pork w/Cabbage, Rice, Lomi Tomato Salad, Pineapple Chunks					
Brk 24 A/B 24 Off WINTER BREAK L-	Brk 25 A/B 25  Off 25 L- 25 <p style="text-align: center; color: red; font-weight: bold;">MERRY CHRISTMAS!</p>	Brk 26 A/B 26 Off 26 L- 26	Brk 27 A/B 27 Off 27 L- 27	Brk 28 A/B 28 Off 28 L- 28					
Brk 31 A/B 31 Off WINTER BREAK L-	Brk 31 A/B 31 Off 31 L- 31	Brk 31 A/B 31 Off 31 L- 31	Brk 31 A/B 31 Off 31 L- 31	Brk 31 A/B 31 Off 31 L- 31					

This Institution is an Equal Opportunity Provider