

# KAIMUKI MIDDLE SCHOOL MENU

**Brk:** Breakfast  
**A/B:** Alternate Breakfast  
**Off:** Offered Breakfast Items  
**A/L:** Alternate Lunch  
**L:** Lunch

All Meals Include 1/2 Pint Milk

## September 2018

Menu Subject to Change

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY							
Brk		3	Brk	4	Brk	5	Brk	6	Brk	7					
A/B		A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B					
Off		Off	Off	Off	Off	Off	Off	Off	Off	Off					
A/L		A/L	A/L	A/L	A/L	A/L	A/L	A/L	A/L	A/L					
L-	L-	L-	L-	L-	L-	L-	L-	L-	L-	L-					
Brk	Pepperoni Pizza Stix with Grape Juice	10	Brk	Biscuit w/ Country Style Gravy, Pork Patty & Peaches	11	Brk	Portuguese Sausage, Rice, & Grape Juice	12	Brk	Pizza Bagel with Mixed Fruits	13	Brk	Belgian Waffle with Apple Juice	14	
A/B	Cereal with Toast & Grape Juice		A/B	Yogurt with Cinn. Tst. & Peaches		A/B	Cereal w/Toast & Grape Juice		A/B	Yogurt w/Cinn. Tst. & Mixed Fruits		A/B	Cereal with Toast & Apple Juice		
Off	Orange Wedges, Jelly		Off	Crasins		Off	Strawberries, Jelly		Off	Craisins		Off	Maple Syrup, Mixed Fruits, Jelly		
A/L	BBQ Pork Rib Sandwich		A/L	Cheese Burger		A/L	Turkey Ham & Cheese Sandwich		A/L	Chicken Tenders with Rice		A/L	Tuna Sandwich		
L-	Breaded Chicken Nuggets, Rice, Edamame, Corn & Carrots, Pineapple Chunks		L-	Beef Stew Rice, House Salad with Edamame, Mixed Fruits, WG Roll		L-	Cheese Pizza, House Salad with Edamame, Mixed Fruits		L-	BBQ Pulled Pork Sandwich, Potato Wedges, House Salad, Baby Carrots, Fruit Slushy		L-	Chili Cheese Nachos, House Salad, Grape Tomato, Grape Juice		
Brk	Frankfurter with Rice & Orange Juice	17	Brk	Pepperoni Pizza Stix with Grape Juice	18	Brk	<b>No School</b>  <b>PC Day</b>	19	Brk	Breakfast Smoothie with Cinn. Toast	20	Brk	Turkey Ham & Cheese on Bun with Pineapple Chunks	21	
A/B	Yogurt with Toast & Orange Juice		A/B	Cereal with Toast & Grape Juice		A/B		Cereal w/ Cinn. Toast & Banana		A/B	Cereal w/ Cinn. Toast & Banana		A/B	Yogurt with Toast & Pine Chunks	
Off	Peaches, Jelly		Off	Orange Wedges, Jelly		Off		Apple		Off	Apple		Off	Craisins, Jelly	
A/L	Teri Burger		A/L	BBQ Pork Rib Sandwich		A/L		Corn Dog		A/L	Corn Dog		A/L	Fish Filet Sandwich	
L-	Popcorn Chicken, Rice, Baked Beans, Rainbow Salad, Fruit Slushy		L-	Chow Mein w/Teri Chicken, Egg Roll, House Salad, Tomato Wedge, Grape Juice		L-	Roast Turkey with Gravy, Rice, Broccoli & Carrots, Coleslaw, Peaches		L-	Roast Turkey with Gravy, Rice, Broccoli & Carrots, Coleslaw, Peaches		L-	Chicken Tenders, Rice, Broccoli & Carrots, Asian Cole Slaw, Cantaloupe		
Brk	Cinn. Raisin Bagel with Orange Juice	24	Brk	Pancakes with Grape Juice	25	Brk	Baked Omelet with Toast & Apple Juice	26	Brk	Pizza Bagel with Mixed Fruits	27	Brk	Portuguese Sausage, Rice, & Grape Juice	28	
A/B	Yogurt w/ Cinn Tst & Orange Juice		A/B	Cereal with Toast & Grape Juice		A/B	Cereal with Toast & Apple Juice		A/B	Yogurt with Toast & Mixed Fruits		A/B	Cereal w/Toast & Grape Juice		
Off	Cream Cheese, Pineapple Chunks		Off	Strawberries, Maple Syrup, Jelly		Off	Papaya & Pine Chunks, Jelly		Off	Craisin, Jelly		Off	Peaches, Jelly		
A/L	Chicken Nuggets with Rice		A/L	Chili Franks, Rice		A/L	Chicken Patty w/Gravy		A/L	Baja Fish Taco w/ Sriracha Aioli,		A/L	Corn Dog		
L-	Corn Dog, Baked Beans, House Salad, Baby Carrots, Orange Juice		L-	Tuna Sandwich, Curly Fries, Lettuce Leaf, Tomato Slice, Cantaloupe		L-	Turkey Pastrami Sandwich, House Salad, Baby Carrots, Mixed Fruits		L-	Pepperoni Pizza, House Salad Baby Carrots, Hummus, Grape Juice		L-	Herb Crusted Roast Pork with Gravy, Rice, Edamame, Corn, & Carrots, Veggie Juice		
Brk			Brk			Brk			Brk			Brk			
A/B			A/B			A/B			A/B			A/B			
Off			Off			Off			Off			Off			
A/L			A/L			A/L			A/L			A/L			
L-			L-			L-			L-			L-			

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